

TUNA BALLS

Ingredients:

2 6oz Sea Fare Pacific Sea Salt Tuna pouches

1 sweet potato, mashed and seasoned with cinnamon

1 stalk celery, finely chopped

½ carrot, grated

2 zucchinis, grated

1 red onion, diced and browned

2 egg whites

1/4 cup sesame seeds



Directions:

- 1. Combine all ingredients with hands and roll into balls
- 2. Cook on 180°-200° for 20 minutes or until brown

Serve with Thai Chili sauce, Plum sauce, or any flavor sauce that suits you. This is great as a party food, appetizer, or potluck dish. It can also be a nice light summer meal served on a bed of lettuce, so skip the tuna on toast and try this recipe it may become your favorite way to eat tuna.